



Sunday, February 23rd, 2024 *Second Week of Lent*

Holy Family Church

13900 Church Place, Seal Beach, CA 90740 - (562) 430-8170
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Rev. Joseph Son Nguyen, Pastor

Sunday Mass Schedule

Saturday Vigil: 4:00 p.m.

Sunday: 8:00 a.m., 10 a.m. & 12 Noon

Weekday Masses

Monday –Saturday: 8:30 a.m.

Our Lady of Perpetual Help Novena: Wednesdays 8:15a.m

Anointing of the Sick Sacrament: Saturdays at 8:30 a.m. Mass

Bible Study: 1st and 3rd Monday of the Month 12:30 p.m.

Confessions

Saturdays: 9:00am-9:30am / First Fridays 9:00am-9:30am

Be There When God Moves

From July 17–21, 2024, thousands of passionate Catholics will gather for a transformative experience on a scale this generation has never seen. Whether you join us for one day or all five, the grace you receive will spill out into our community when you return home—deeply in love with the Eucharist and excited about the future of the Church in America. Visit **EucharisticCongress.org** to learn more about the event and explore the full schedule for each day.

What: 10th National Eucharistic Congress

When: July 17–21, 2024

Where: Lucas Oil Stadium, Indianapolis,

Estate Planning Seminars

Wed. March 13, 10 a.m.-11:30 a.m.

The Orange Catholic Foundation is presenting an Estate Planning Seminar at our parish. Session will be held at our rectory hall room. At the Seminar, you will learn:

- What is needed to update or create an estate plan, will or living trust; how to protect and provide for your loved ones; Avoid probate; a Catholic perspective on health care directives; how to choose your trustee and power of attorney, and more.

Participants will receive a FREE no obligation consultation. If you would like to reserve your spot, please call our parish office at (562)430-8170. Please contact plannedgiving@orangecatholicfoundation.org.

News from Our Parish

- **Stations of the Cross at 11am Fridays**, followed by fish fry lunch.
- **Our Lenten Retreat is this coming Friday, March 1st**, starting with 8:30 a.m. Mass, (Exposition of the Blessed Sacrament after Mass). Retreat: 9:30 a.m.-12 noon (lunch included). Minimum donation is \$10 per person. Please sign up in the vestibule of the church or parish office.
- **Diaper drive** for the life centers of Orange County. Please bring your donation to the parish office or leave on the Our Lady of Guadalupe donation table in the vestibule of the church. This year they need diapers sizes 5-6. Monetary donations are accepted.
- **Our Bereavement Ministry** prays for sick parishioners and Holy Souls in Purgatory on First Fridays at the 10am Hour. Please call the rectory to let us know if you, family and friends need prayer, and we will include them. 562 430-8170.

News from Our Diocese

- **St. Hedwig Catholic Church** is inviting all men to “**Man Up: Become the Man God Created You To Be,**” on Saturday, March 16 from 9:30 a.m. to 11 a.m. at the parish’s Quinn Hall.

Funeral Mass

Our bereavement ministry communicates the Funeral Mass of our dear friend and parishioner (RIP) **James Albert Kaspar**. **Saturday, March 9th, 10:30 a.m.**

Glory Overshadowing the Cross (Catholic Reflections)

Just six days prior to this glorious event of the Transfiguration, Jesus spoke for the first time to His disciples about His pending crucifixion and death. Recall that Peter had a difficult time accepting this teaching. Jesus went on to rebuke Peter for his refusal to accept this prophetic teaching and further explained that “Whoever wishes to come after me must deny himself, take up his cross, and follow me” (Mark 8:34). These disciples then had six days to ponder this prophecy of our Lord before witnessing the Transfiguration.

In your life, is there something that God is trying to say to you that you have difficulty accepting? If so, it will most likely be related to God’s call to you to take up your cross and follow Him. The Cross of Christ comes in many forms throughout life. It might be experienced when we allow the passion of anger to die so that pure mercy can be offered to one who has hurt us. Or it might be that God is calling you to step out in faith to embrace some endeavor that requires courage and trust. Or it might be that God is calling you to accept some hardship in life that is difficult to accept, such as the loss of a loved one, an illness, the loss of a job or any other difficulty that you struggle to accept with love and trust. Bitterness, resentment, anger, fear, and the like are often the most difficult crosses we are called to embrace and let die. If this resonates with you, then this story of the Transfiguration is for you. After giving these disciples six days to ponder the difficult news of His coming Cross, Jesus gives them hope and inspiration through this sacred encounter. Though it lasted for only a short time, this manifestation of Jesus’ glory was all that these disciples needed to begin to accept Jesus’ prediction of His passion. On one hand, they feared what Jesus said was going to happen. But on the other hand, they saw His glory and majesty. By combining these two experiences, these disciples were given a new hope and strength to trust that whatever was to happen in the future, God was in control. We also need the consoling revelation of our Lord’s glory to help us navigate the difficulties we will endure. For some, life is good, very good, and they walk with joy and ease with our Lord. But for others, life has taken a difficult turn and confusion has set in. If life is good for you right now, then rejoice that you are currently sharing a taste of the glory of the Transfiguration. Give thanks to God and tell Him with Saint Peter, “Rabbi, it is good that we are here!” Give thanks to him for the joy and consolation you currently experience. But if life is difficult for you right now, ponder those six days during which the disciples struggled with the prediction of the Lord’s passion. Think about their confusion, doubts and fear. As you do, turn your eyes up the mountain. Know that the glory of God awaits you and that He wants to free you from all fear and anxiety. The mountain is climbed by a firm faith that is grounded in prayer. Make that journey with our Lord through prayer. Reflect, today, upon this holy mountain to which you are called. Know that as you climb it with perseverance and determination, hope and joy will be given to you. Pray for the ability to trust in the God Who not only died a cruel death but also is radiant in glory for all eternity. Trust Him, turn to Him and commit to the journey ahead.

My Transfigured Lord, You revealed Your glory to these disciples as a way of helping them accept Your Cross. Help me to also embrace Your Cross in my life and to see clearly the glory that results from its embrace. I trust in You, dear Lord; help me to trust You more. Jesus, I trust in You.

Our Lenten Fish Fridays



Exciting News! After 11 a.m. Friday Stations of the Cross devotion ... with a minimum donation of \$10 per person you can get the following delicious fish plates:

Friday, March 1 clam chowder + crackers + fruit

Friday, March 8 fish tacos + rice+ fruit or cookie

Friday, March 15 fish, fries, coleslaw + fruit or cookie

Friday, March 22 clam chowder + crackers + fruit

If you would like to participate, please sign in in the front of the church or parish office during office hours. You can also call at (562)430-8170. You can enjoy your lunch in our parish hall or take it home. Thank you for your participation. Please let your friends and neighbors know about this!!!!

Laugh Out Loud 😂

What did Johah's family say when he told them about what happened before reaching Nineveh?

"Hmm....sounds fishy."

Prayer Intentions for the Week

Monday 8:30 a.m. February 26

Joseph Lai Nguyen, RIP

Cecile Boudreault NOVENA, RIP

Fran Hay, Sp. Int.

Tuesday 8:30 a.m. February 27

Nguyen Sang and Hoang Khuyen, RIP

Rosemary Decamp, RIP

Wednesday 8:30 a.m. February 28

Hoang Thi Di and Hoang Thi Nhue, RIP

Virginia Rodriguez, RIP

Rudy Starowitz, RIP

Thursday 8:30 a.m. February 29

Bryan Fitzpatrick, RIP

Tony and Stephanie, Sp. Int. Wedding Anniversary

Esparza Dominguez Family, Sp. Int.

Friday 8:30 a.m. March 1

Isidora Montoya, RIP

John Ha, Sp. Int.

Alicia Ramirez, Sp. Int.

Saturday 8:30 a.m. March 2

Romy DeGuzman, Sp. Int.

Saturday 4:00 p.m. March 2

Peter Tien Pham, RIP

Sharon Daly, RIP

Andy Maffucci, Sp. Int. BIRTHDAY

Mary and Rich Ramelot, Sp. Int.

Sunday 8:00 a.m. March 3

Herb Shinkle, Sp. Int.

Dd and Kurk Vete, Sp. Int.

Sunday 10:00 a.m. March 3

Terrence O'Hare, RIP Martin Sunwoo, RIP

Maxine and Ron Robbins, Sp. Int.

Sunday 12 Noon March 3

Serafin Advincula, RIP

John Giang, Sp. Int.